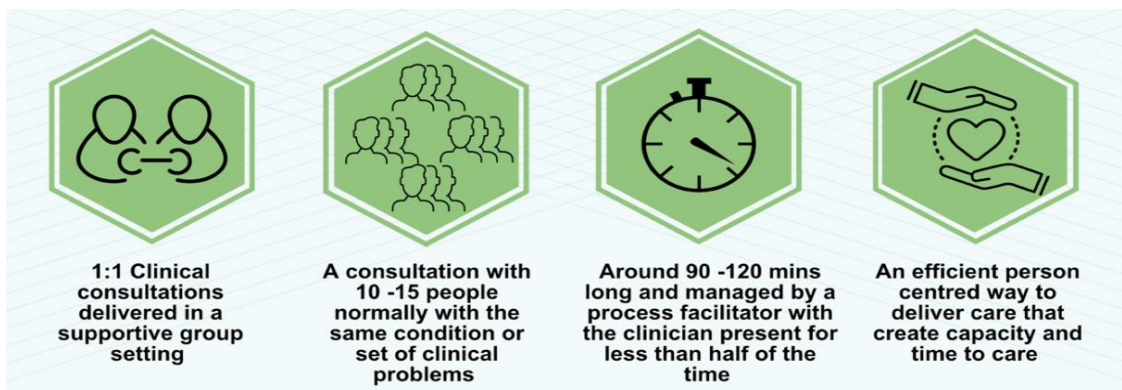




Granta Medical Practices have pleasure in announcing they will shortly be holding “Group Consultations”, also known as “Shared Medical Appointments”. These are organised meetings comprising of 10 to 15 patients with the same condition or set of clinical problems, coming together in a supportive group setting. This is a more personalised way of supporting patients with long term medical conditions and allows patients to learn from each other as well as from clinicians.

## Group Consultations are:-



The sessions will last from 1 to 2 hours, including a one-to-one with a health care professional for each group member. Group consultations can be used for a wide variety of long-term health conditions such as diabetes, respiratory conditions, skin conditions, weight issues and many more. The first long term medical condition to be focussed on is diabetes. If you would like to register your interest please contact Kelly Austin, Granta Social Navigator.

For more information about Group Consultations go to [www.groupconsultations.com](http://www.groupconsultations.com)

Jennifer Aston  
Advanced Nurse Practitioner